

PRE/POST TREATMENT FORM

CUSTOM BEAUTE
PERMANENT COSMETICS



Pre-Treatment

- Do not wear your favorite white shirt the day of the procedure.
- Do not take any type of blood thinning medications prior to your treatment (this includes Motrin and Aspirin).
- Do not wear makeup the day of your procedures.
- Do not use any alcohol or drugs 24 hours prior to your procedure.
- Do not smoke the day of your procedure.
- Do not wear contacts during the day of an eye procedure and for at least 24 hours after eyeliner procedure to avoid potential infection.
- Bring sunglasses for the day of an eye procedure.
- Pick up a tube of GenTeal PM Ointment from Wallgreens.
- Pick up a bag of frozen peas for later.

Any Lip Procedure:

If you have ever had a cold sore or fever blister in the past you harbor the herpes simplex virus within your body. Every person is different in their activity of this virus. Some may have frequent outbreaks and some may have only had one or two outbreaks a long time ago. Nevertheless, the virus is still harbored in you. Any lip procedure MAY cause an outbreak in individuals with this virus. Therefore, you are advised to acquire one of the medications listed below prior to your procedure to alleviate the possibility of an outbreak. This is an optional medication and Custom Beaute does not hold any liability regarding its use or non-use for prevention of cold sores and/or fever blisters.

- Valtrex (1000 milligrams for 5 days total per procedure)
- Zovirax (Acyclovir)
- Famvir

You will need to take prescribed dosage of one of these medications for five (5) consecutive days; beginning two (2) days prior to your lip procedure, one (1) the day of your procedure, and two (2) following your procedure.

Remember that in most cases, you will need two (2) applications for lip procedures. So request enough medication for two procedures or a 10 day supply.

Any Eye Procedure:

You are advised not to wear makeup for 5 days following any eye treatment to avoid potential infection or loosening of any scabbing pigment.



Post-Treatment

Care of Treated Area

You may experience the following for a few days after treatment.

- Edema – there may be moderate swelling and redness for the first 24-48 hours.
- Bruising – light bruising may occur, especially if you are on a blood-thinning medication or bruise easily.
- Apply ice to the treated area for 10 minute increments, especially in the first few hours after your procedure. If the treated area is swollen or tender, ice is strongly recommended. Cold compresses can be very helpful, frozen corn or peas also work well for eyes.
- Apply a lubricating product lightly (such as Vitamin E oil) to the pigmented area at least twice a day. If area is getting excessively dry or itchy, we recommend increasing application of lubrication as needed. Keeping the area moist can aid in color retention. The use of antibiotic ointments is not recommended near the eyes due to the higher incidences of irritation. **Our favorite product is GenTeal PM Ointment found from the contact solution at Wallgreens.**
- Keeping the treated area clean is important. You may gently clean area using a mild soap, refraining from the use of harsh soaps which exfoliate such as scrubs, or products containing glycolic acids, retinols, medications, perfumes, etc. Most body washes and basic soaps are alright to use. If shampoo should run over your pigmented area, it is okay as most shampoos are mild.

Things to Avoid

- **Avoid scratching, picking or rubbing the area** for the first 4 weeks following your procedure. Pat dry with towel after showering. **During the flaking process, do not pull any pieces off as you may tear off pigment that you want to stay put.**
- Avoid sun exposure and tanning beds for the first 4 weeks, especially the 1st week. Even after the treated area has healed it is still strongly recommended that sun exposure is limited due to the photosensitivity of many pigments and fading.
- Avoid chlorinated pool and hot tubs for the first 4 weeks, especially the 1st week. Even after the treated area is healed, repeated exposure to chemicals used in pools and hot tubs can cause fading.
- Although rare, infection is a risk associated with this procedure. If an infection is suspected and the pigmented area becomes painful and / or you develop a fever soon after your procedure, please seek medical attention immediately and notify us at your earliest convenience.